

# *Giant Grüneisen parameter in a superconducting quantum paraelectric*

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**Superconductivity and ferroelectricity are typically thought of as incompatible because the former needs free carriers, but the latter is usually suppressed by free carriers. This is unless the carrier concentration is sufficiently low to allow for polar distortions and mobile electrons to cooperate. In the case of strontium titanate with low carrier concentration, superconductivity and ferroelectricity have been shown to be correlated via various tuning methods, such as strain. Here, we report theoretically and experimentally evaluated Grüneisen parameters whose divergent giant values under tensile stress indicate that the dominant phonon mode which enhances the superconducting order is the ferroelectric transverse soft phonon mode. This finding puts strong constraints on other phonon modes as the main contributors to the enhanced superconductivity in strained strontium titanate. The methodology shown here can be applied to strain-tune and probe properties of other materials with polar distortions including topologically non-trivial ones.**

Superconducting polar metals have attracted recent interest due to both their potential for creating new unconventional superconductors and for their potential for applications such as superconducting memory controlled by ferroelectric polarization. Materials with proven or possible connections of a polar nature and superconductivity include, but are not limited to  $\text{WTe}_2$  [1,2],  $\text{KTaO}_3$  [3],  $\text{PbTe}$  [4],  $\text{BiTeI}$  [5,6] and doped  $\text{SrTiO}_3$  [7]. Some of these materials are supposed to be topologically non-trivial [1,2]. While the detailed physics varies among these materials, a common feature is the presence of polarization at low electron doping. While these materials offer a fascinating toolbox for multi-order correlations and topology, exactly how the superconducting states are formed and what the unconventional aspects of those states are present open fundamental questions [8]. Put simply, we know these materials superconduct, we know that some have substantial spin-orbit coupling and non-trivial bands, but we do not know why and what type of unconventional superconducting pairing exist in these materials [7]. The methodology presented below can be applied to advance our understanding of many of these materials.

Here we focus on strontium titanate ( $\text{SrTiO}_3$ ) which has one of the lowest carrier densities among low-carrier-density superconductors (the only real ‘competitor’ being twisted bilayer graphene [9]). It has been known for many decades that the Fermi energy in  $\text{SrTiO}_3$  is low compared to the naïvely estimated Debye energy, which makes application of BCS theory impossible, see references in a recent review article [7]. Despite the increased research activity in recent years [7], the nature of the low-carrier-concentration superconducting state in  $\text{SrTiO}_3$  is still an unresolved fundamental mystery and is a major challenge to the field of quantum materials and unconventional superconductors.

The recent debate about appropriate models [10–21,7] mostly swirls around the question of which phonons provide the superconducting pairing and how. Showing experimentally which phonons are the most relevant is not a trivial task either: Some recent experiments on approaching the quantum paraelectric to ferroelectric phase transition show correlations of the ferroelectric phase with superconductivity [22–28]. However, most of these observations are rather qualitative, and have mainly shown the mere correlations of the tuning parameter with the change in critical temperatures. The current work provides a more clear *quantitative* link between macroscopic observations and the microscopic parameters of the interacting ferroelectric and superconducting phases in this enigmatic material.

The two most striking findings we report here are: (a) the Grüneisen parameter in  $\text{SrTiO}_3$  reaches gigantic values on the order of several thousands, larger than previously reported in many conventional and unconventional materials [29–35], and (b) these values agree with our theoretical calculations within the inspected strain ranges. These findings provide a clear,

consistent evidence that the response of the superconducting phase to strain is predominantly due to the soft, so-called transverse optic (TO), ferroelectric phonon mode with displacements along the tensile strained  $c$ -axis direction. The importance of these findings is to show that no other phonons, including the longitudinal ferroelectric branches, contribute noticeably to the anomaly in the response.

In the following sections, we first provide a broad introduction to the Grüneisen parameter. Then we present the theory portion of the manuscript in two parts. The first part is an analytical argument that outlines a link between the superconducting critical temperature and the soft-mode frequency. This part also includes the ansatz that the strain in the sample is non-uniform, resulting in a distribution of critical temperatures. The second theory part presents DFT calculations of the phonon spectrum that show that only one phonon has a significant strain dependence. We then compare these insights with the experimental data and close the paper with an argument that when combined, these findings show that the transverse optical ferroelectric mode plays a crucial role in the superconducting pairing.

The thermal expansion of superconductors and other materials [36–40] can be efficiently described using the *thermodynamic* Grüneisen parameter, which, at finite temperatures, is determined by the volume dependence of the entropy through its logarithmic derivative [41]. The thermal expansion comes from the pressure of electrons due to the occupancy change of the Fermi surface and the population of higher energy vibrational phonons states, *i.e.* frequency dependence on strain [38,42]. Therefore, in general, both electronic and phononic contributions to the thermal expansion or to the *microscopic* Grüneisen parameters should be expected in a conducting material (ignoring magnetic orders for the purpose of this discussion). The Grüneisen functions for the normal and superconducting states mainly differ in their electronic components. Furthermore, the Grüneisen parameters depend on the volume dependence of the electron-phonon interaction. At temperatures close to zero, which is the relevant range for materials near quantum critical points, entropy derivatives can be directly related to the free energy pertaining to the quantum critical point [43]. Following these strategies, we define the *thermodynamic superconducting* Grüneisen parameter:

$$\gamma_s(V) = \frac{d \ln(F_n - F_s)}{d \ln V}, \quad (1)$$

where  $F_c = F_n - F_s$  is the energy difference between the normal and superconducting states and  $V$  is the volume. Within a BCS-like approach,  $F_c = N_0 \Delta_0^2 / 2$ , where  $N_0$  is the density of states near the Fermi level, and  $\Delta_0$  is the superconducting order parameter. With an approximately volume-independent density of states (see Appendix), the superconducting Grüneisen parameter from Eq. (1) depends on the critical temperature,  $T_c$ , as

$$\gamma_s(V) \approx \frac{2d \ln T_c}{d \ln V}. \quad (2)$$

The soft-mode superconducting pairing ansatz by Edge et al. [10] states that the critical temperature of strontium titanate depends on the soft-phonon frequency,  $\omega_0$ , and density of states  $\alpha^2 F(\omega_0)$ , as

$$T_c = \epsilon_F e^{-\frac{\omega_0}{\alpha^2 F(\omega_0)}}, \quad (3)$$

with  $\omega_0 = \bar{\omega}|\varepsilon_0 - \varepsilon|^{z\nu}$ , where  $\bar{\omega}$  is the zero strain transverse ferroelectric phonon mode frequency,  $\varepsilon$  is the applied strain,  $\varepsilon_0$  is the critical strain, and  $z\nu$  are scaling critical exponents. Hereafter, we assume an approach from the paraelectric phase. Combining Eq. (2) and (3), with detailed steps shown in the Appendix, under an assumption that  $\alpha^2 F(\omega_0)$  is approximately independent of  $\omega_0$ , we obtain that the superconducting Grüneisen parameter and the critical temperature are expected to diverge near the critical strain according to:

$$\begin{aligned} \frac{d \ln T_c}{d \ln \varepsilon} &\approx O(1) \cdot \frac{d \omega_0}{d \varepsilon} \\ &\approx O(1) \cdot (\varepsilon_0 - \varepsilon)^{z\nu-1} \end{aligned} \quad (4)$$

This power-law expression, in principle, allows for direct testing of the soft-mode ansatz using experimental data which is also supported by the numerical calculations of phonon frequencies shown in the following paragraphs. However, as we show below, the experimental data does not follow this predicted behavior, but rather a power law  $\gamma_s \propto \varepsilon^\eta$  form. This is explained assuming inhomogeneous strain (and  $T_c$ ) as described in detail in the appendix.

Directly related to the thermodynamic Grüneisen parameters, the microscopic mode Grüneisen parameter measures the effect of the population of higher energy vibrational states on the lattice expansion [42]. As already implied by Eq. (4), in our case the mode Grüneisen parameter plays a crucial role related to the superconductivity and the soft ferroelectric mode. Historically, due to large number of hydrostatic pressure experiments compared to uniaxial stress-strain experiments, the *mode* Grüneisen parameter is defined as a volumetric logarithmic derivative of the phonon frequencies  $\gamma_{n,q}(V) = \sum_{n,q} \frac{d \ln(\omega_{n,q})}{d \ln V}$ , where  $\omega_{n,q}$  is the  $n$ -th phonon branch at a vector  $\mathbf{q}$ . However, for our experiments, rather than using the volumetric response, we define the mode Grüneisen parameters for the phononic response to *uniaxial strain* as  $\gamma_{n,ij,q}(\varepsilon) = -\frac{1}{\omega_{n,q}} \frac{\partial \omega_{n,q}}{\partial \varepsilon_{ij}}$ , where  $\omega_{n,q}$  is the frequency of a phonon mode  $n$ ,  $i$  and  $j$  are the strain tensor indices and  $\mathbf{q}$  is the phonon wavevector [44]. Furthermore, in experiments under uniaxial *stress* the modes' responses are superimposed, as oftentimes the experimental strain is not in its irreducible form. Thus, a superposition of the *uniaxial strain* mode Grüneisen parameters should be used. In our experiments, a uniaxial stress along the  $c$ -axis is applied and the strain in the same direction is monitored [1–3]. Assuming weakly coupled phonon modes and a positive Poisson ratio under given strain-stress conditions, we can approximate [46] the effective  $c$ -axis Grüneisen parameter as a weighted sum  $\gamma(\varepsilon_c) = \sum_{n,q} (\gamma_{n,q}(\varepsilon_c)) \approx \sum_{n,q} \left( -\frac{(1-2\nu)}{\omega_{n,q}} \frac{\partial \omega_{n,q}}{\partial \varepsilon_c} \right)$ , where  $\nu \approx 0.28$  is the low temperature Poisson's ratio for SrTiO<sub>3</sub> [46], and the sum is over all phonon

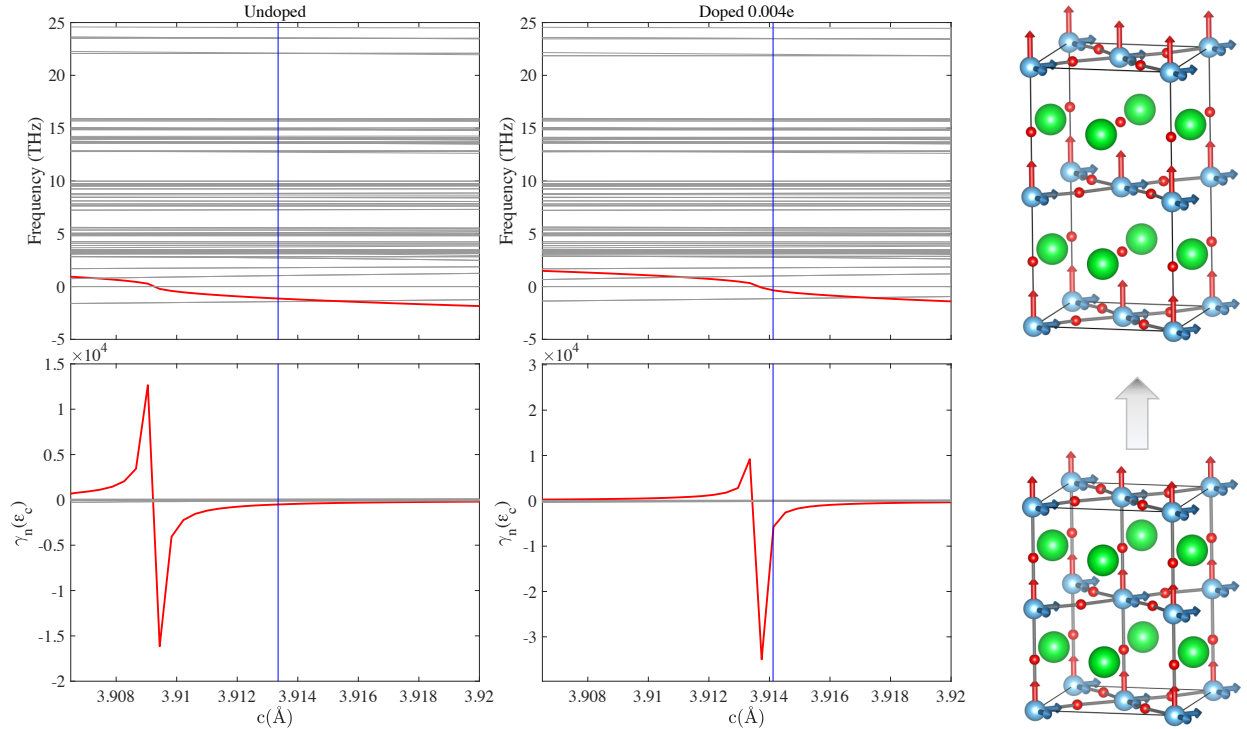
modes  $n$  and wave vectors  $\mathbf{q}$ . This quantity,  $\gamma(\varepsilon_c)$ , is derived in our experiments and is shown to be divergent, and will be compared the analogous modelled parameter defined in the following paragraphs.

The above expression assumes isotropy even though strontium titanite is not isotropic. This assumption is satisfactory for emphasizing the main point about the origin of the anomalous response from the ferroelectric soft-mode. For a more complex and rigorous theoretical treatment of anisotropic materials see M. Mito *et al.* [45]. We will make a further simplification in the following discussion by inspecting the Grüneisen parameters at the  $\Gamma$  point only, i. e.  $\mathbf{q} = 0$ . This is motivated by the fact that in our computational supercell the cubic zone-boundary modes are folded back to the  $\Gamma$  point, and by the fact that no anomalous response to strain was detected at intermediate wave-vectors in our calculations.

DFT calculations, the results of which are shown in Figure 1, were performed within the VASP code [50–53] using the PBEsol exchange correlation functional [54] and projector-augmented wave (PAW) potentials [55,56] with Sr(4s, 4p, 5s), Ti(3p, 3d, 4s) and O(2s, 2p) valence electrons. Wavefunctions were expanded in planewaves up to a kinetic-energy cutoff of 550 eV. We relaxed the lattice parameters and internal coordinates until forces converged below  $10^{-5}$  eV/Å and stress converged below  $5 \cdot 10^{-7}$  eV/Å<sup>3</sup>. All calculations were performed for 40-atom 2x2x2 supercells of the unit cell that contained the tetragonal distortion corresponding to an  $a^0 a^0 c^-$  rotation of the octahedra in Glazer notation [57]. Reciprocal space was sampled using a 4x4x4 Monkhorst-Pack [58] mesh for this supercell. Phonon frequencies were computed at the  $\Gamma$ -point within the frozen phonon approach, which was implemented in the Phonopy code [58]. We note that results are presented without the non-analytical LO-TO splitting correction, which by definition vanishes in doped STO. Mode Grüneisen parameters were computed as the volumetric derivative under  $c$ -axis stress  $\gamma_n(V_c) = -\frac{V}{\omega_n} \frac{\partial \omega_n}{\partial V_c} = -\frac{1}{(1-2\nu)\omega_n} \frac{\partial \omega_n}{\partial \varepsilon_c} \equiv \frac{\gamma_{n,q=0}(\varepsilon_c)}{(1-2\nu)}$ . The derivative was evaluated by central finite differences, connecting modes at adjacent volumes via the similarity of their eigenvectors. The denominator with the Poisson's ratio,  $\nu$ , allows the translation of the Grüneisen parameter calculated based on volume  $\gamma_n(V_c)$  to the strain-based  $\gamma_n(\varepsilon_c)$ , to match the tuning deformations used in our experiment. The volume was modulated by applying strain along the  $c$  axis, and then relaxing the cell shape, volume and all internal coordinates while keeping  $c$  fixed. In other words, every structural parameter except for the out-of-plane lattice parameter was allowed to relax, in full consistency with the experimental conditions.

Within the investigated range of  $c$  lattice parameters only the ferroelectric mode along  $c$  changes from unstable (negative) at large  $c$  to stable at small  $c$ , see Figure 1 (upper panel). All other modes show a much smaller dependence on strain along  $c$ . Notably, the doubly degenerate in-plane ferroelectric mode remains unstable at all  $c$ . These observed instabilities are in agreement with the quantum paraelectric nature of SrTiO<sub>3</sub> that manifests as unstable phonon modes in our 0K DFT calculations without zero-point energy corrections [59,60]. Consequently,

the Grüneisen parameter (Figure 1, lower panel) of the ferroelectric mode along  $c$  is much larger, by two to three orders of magnitude, than the one for all other modes and shows the divergence expected from its definition at the critical  $c$  lattice parameter [43]. We want to note that the modes shown in this figure also include zone boundary modes such as octahedral rotations because these modes are folded back to the  $\Gamma$ -point within our supercell. Because of the relevant magnitude of the Grüneisen parameters, these findings rule out any mode other than the ferroelectric transverse phonon modes as main contributors to enhanced superconductivity.



*Figure 1. Theoretical phonon frequencies (top plots) and mode Grüneisen parameters,  $\gamma_n(\epsilon_c)$ , (bottom plots) calculated as a function of the  $c$  lattice parameter for undoped and doped  $\text{SrTiO}_3$ . The calculations are for the antiferrodistortive, not cubic, phase and at 0 K. Vertical lines are equilibrium lattice constants and phonon frequencies are shown without LO-TO splitting. The ferroelectric mode with vibrations along the  $c$ -axis is highlighted in red, while all other modes are shown in grey. Only the transverse ferroelectric mode along the  $c$ -axis shows large values of the Grüneisen parameter (bottom). Shown to the right is an illustration of the unstrained strontium titanate unit cell (bottom) and the strained one (top). Red, green and blue spheres are oxygen, strontium and titanium ions respectively. The blue and red errors indicate the relative amplitudes of perpendicular and parallel to  $c$ -axis branches of the transverse ferroelectric mode, respectively. The branch of the transverse ferroelectric mode with polarization parallel to the  $c$ -axis acquires larger*

amplitude due to the phonon softening under the tensile deformation indicated by the gray arrow.

Various related types of Grüneisen parameters have been successfully used in the past to unravel details about quantum phase transitions [36,39,43,61]. In  $\text{SrTiO}_3$ , to understand the experimental relationship between strain and the superconducting  $T_c$  near the quantum paraelectric phase transition on a quantitative level, we investigate the relevant experimentally measured uniaxial *strain superconducting* Grüneisen parameter defined here in accord with Eqs. (1) and (2), as  $\gamma_s(\varepsilon_c) = 2 \frac{d \ln T_c}{d \varepsilon_c} = 2 \frac{dT_c}{T_c(\varepsilon_c) d \varepsilon_c}$ , where  $\varepsilon_c$  is the measured strain along the  $c$ -axis and  $T_c$  is the superconducting transition temperature [43,61,62].

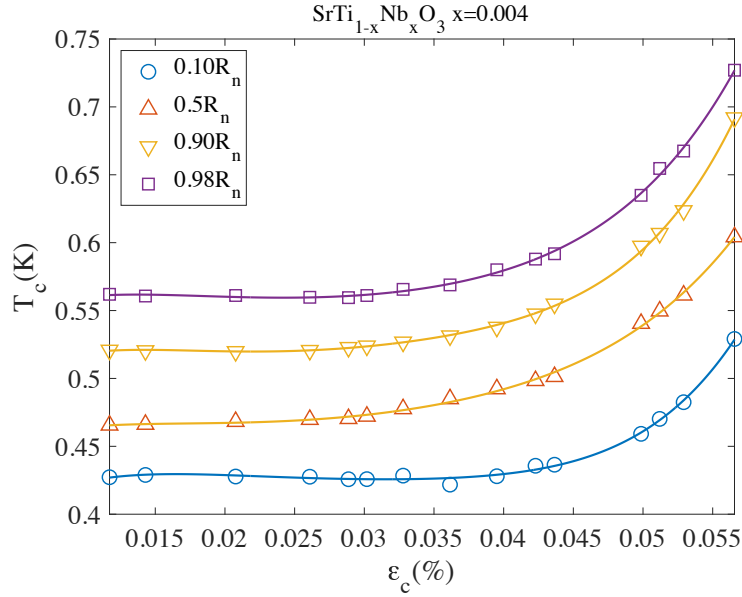
To refocus our derivations on the experimentally relevant notation, we emphasize that we will compare only two Grüneisen parameters, the *macroscopic*  $\gamma_s(\varepsilon_c)$  defined for the derivative of the critical temperature and the *microscopic*  $\gamma(\varepsilon_c) = \sum_n \gamma_n(\varepsilon_c)$  summed over all phonon modes, which will be dominated by the divergent TO mode. The two Grüneisen parameters are expected to be equivalent with good approximation near the superconducting phase transition under the assumption that the electronic behavior is dominated by the single energy scale [43] of the superconducting pairing,  $T_c$ , and that the electronic and phononic properties are linked through electron-phonon coupling [21,48,49]. This equivalence is what allows for direct conclusions about the microscopic phonon behavior based on the thermodynamic bulk  $T_c$  measurements under strain.

The experiments were performed on single crystals of Nb-doped strontium titanate,  $\text{SrTi}_{0.996}\text{Nb}_{0.004}\text{O}_3$ , in a dilution refrigerator setup with a custom-built strain-stress cell [63] and a polarizing optical microscope [26]. Details of the basic characteristics of the samples are provided elsewhere [26]. Ultra-low excitation currents and an ultra-low noise amplifier and resistance bridge were employed [27,45] to determine the critical temperature,  $T_c$ . Stress was applied parallel to the long side of a  $0.3 \times 2 \times 10 \text{ mm}^3$  single crystal sample to define the  $c$ -axis. The sample's resultant strain along the stress direction was precisely measured using an attached resistive strain gauge. A single doping level is reported here, which is supposedly the closest to the softening of the phonon according to the calculations here and in Ref. [10]. However additional data from another doping level in Ref. [26] shows divergence-like behavior, while much lower and much higher doping samples did not reach high strains due to brittleness.

We measured the resistive signature of the superconducting transition and defined  $T_c$  at different normal resistance,  $R_n$ , thresholds. Typical critical temperature data are shown in Figure 2 (upper panel). Overall  $T_c$  increased by  $\sim 30\%$  before the sample fractured. What is remarkable is that the change happens over a very small range of induced strain yielding the anomalously large Grüneisen parameter,  $\gamma_s(\varepsilon_c)$  (see Figure 2, lower panel).

More specifically, when sufficient strain was achieved, we observed a non-linear upturn in  $T_c$  and the Grüneisen parameter. Note, below 0.02 % some detwinning is still in process, which results in the critical temperature being quite slow to respond to strain at these smaller values. Such divergence could happen if a system is pushed towards a (quantum) phase transition as one expects in  $\text{SrTiO}_3$  [64–67]. Comparing this experimental finding (Figure 2) with the theory (Figure 1) shows remarkably similar large divergent values and supports the microscopic ferroelectric soft-mode as the underlying superconducting mechanism in  $\text{SrTiO}_3$ .

In principle, there should be a scaling relation between responses of samples with different doping levels. However, the current experimental data does not allow for illustrating or ruling out the scaling relations. Smaller dimension and more precise sample preparation need to be developed; this is beyond the current work that focuses on orders-of-magnitude observations of the Grüneisen parameter.





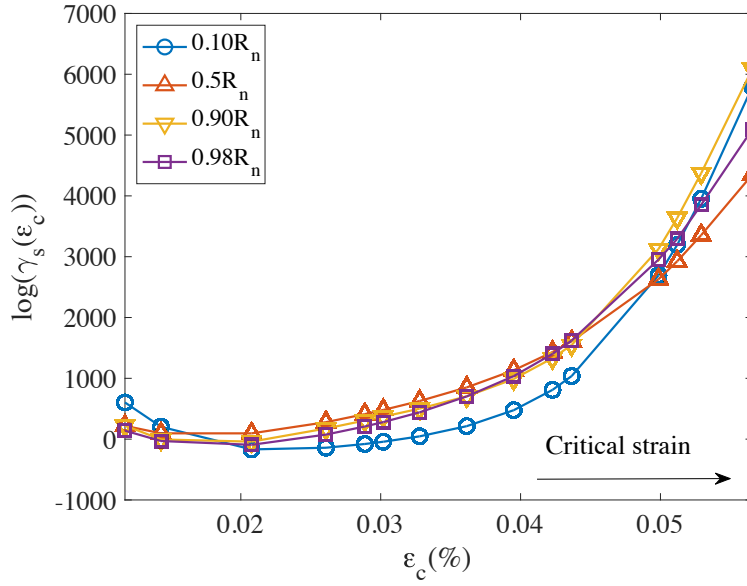


Figure 2. Experimental anomalous Grüneisen parameter,  $\gamma_s(\varepsilon_c)$ , determined from the derivative of experimentally measured superconducting  $T_c$  for Nb doped  $\text{SrTiO}_3$ . The crystals were strained in the  $c$ -axis direction using uniaxial tension. The derivative is based on 6-th degree polynomial smoothing fits (solid lines in the top panel). The Grüneisen parameter (bottom panel) shows anomalous growth reaching several thousand at maximal attained strains, which is higher than in many conventional and unconventional superconductors (lines are numerical derivatives of the fits to the experimental data in the upper panel, symbols are a guide for the eye to show at which strains  $T_c$  was actually measured). Note, the strain is in % (see also Appendix for raw data).

This is a striking finding. In conventional superconductors and even unconventional superconductors [31,34], the Grüneisen parameter estimated based on  $T_c$  is typically a few tens (unitless) [29–32,34]. It can be larger, many hundreds, only when another phase transition occurs, like topologically non-trivial changes in the electronic bands [33]. Divergent power-law behavior,  $\propto (\varepsilon - \varepsilon_0)^{-1/2}$ , is found in our *ab-initio* calculations. The value of the exponents is expected to be on the order of  $\frac{1}{2}$  in the soft-mode pairing model too (see Appendix and refs. [10,68]). Experimentally, we find that the observed superconducting Grüneisen parameter in strontium titanate follows  $\propto \varepsilon^\eta$  with the exponent  $\eta$  on the order of 3–7. This is consistent with critical softening of the ferroelectric transverse phonon mode if a distribution of strains is taken into consideration in those models, see Appendix. However, the critical exponent is washed out in these bulk-averaged measurements of the resistive transition. Nevertheless our results are difficult to explain without the divergence.

In summary, this work shows that  $\frac{d \ln T_c}{d \varepsilon_c}$  grows by orders of magnitude near the ferroelectric transition. This happens at the point at which the soft-mode frequency  $\omega_0$  vanishes,

suggesting a connection between these two macroscopic and microscopic parameters. In other words, the relationship between the anomalous responses of critical temperature and mode Grüneisen parameter to strain indicates that the ferroelectric soft-mode must be the key element in a theory that can correctly describe the pairing. This is true whether that theory is a direct [10,68], multi-phonon [21], screening [20] or any other scenario, even if they include couplings to other phonon modes.

The methods presented here can be applied to numerous other quantum materials such as high temperature and unconventional superconductors [69–72], quantum magnets [73–75], and topological matter [76–78]. Future experiments with induced strains in quantum materials may prove interesting, for example to directly test the mode Grüneisen parameters in scattering experiments [37,38,79] and determining a mesoscale and nanoscale response by microscopies such as a scanning SQUID [80]. These should reveal the true critical exponents, which are out-of-reach in the present bulk experiments, via micron or submicron characterization of the distribution of the superconducting properties. Beyond STO, this work can serve as a guide for broader future experiments on models of superconductivity in other doped ferroelectrics and superconducting polar metals.

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## Appendices

### Appendix A. Additional details and comparison of phonon calculations to previous results

All calculations were performed for the tetragonal structure of  $\text{SrTiO}_3$  with  $a^0b^0c^-$  octahedral rotations. This distortion leads to a splitting of the three ferroelectric (FE) modes that would be triply degenerate in the cubic structure into a doubly degenerate set of in-plane FE modes and a non-degenerate FE mode along the strain axis ( $c$ -axis) that we focus on in this work. The PBEsol density functional adopted in our work for its good reproduction of lattice parameters still predicts a FE instability at relaxed lattice parameters and internal geometry. It is established

that this instability is suppressed either by finite temperature [82] or even by quantum fluctuations at 0K [59]. The instability can, however, also be tuned by strain. Tensile strain strengthens it, while under compression the ferroelectric instability is suppressed. Regarding the procedure, this is different from experiment, where we start from stable modes in the as-cooled material and approach the critical state by stretching the sample. Thus, the starting phase in experiment and the calculations are different and in terms of the protocol of the ‘theoretical experiment’ and the laboratory experiment, they proceed to deform the lattice from the opposite points on the strain axis. Physically, however, it is the same transition that is being examined and the phonons will have the same divergence of the mode Grüneisen parameter. In other words, the equilibrium phase in calculations is the ferroelectric phase, while in the experiment the equilibrium phase is the quantum paraelectric phase (suppressed ferroelectric phase), and the equilibrium theoretical and experimental lattice constant are different. In addition, our quasi-harmonic test calculations (data not shown) in the cubic phase showed an agreement with the experimental data (e.g. [81]) very similar to the one reported in ref. [82,83], supporting the accuracy of our results. On the calculation and experimental side, it would be interesting in future work to look at the thermal expansion and GP in a broader temperature-doping range, as in some works [40], but also in a detwinned state and more strain directions.

## Appendix B. Sample resistance vs. strain

The original resistance data used to plot the critical temperature curves in Figure 2 and subsequently to derive the Grüneisen parameter is displayed in Figure 3. The main errors in determining the critical temperature come from irregularities in the  $R(T)$  curves associated with the sample inhomogeneities and domains pinned near contacts and edges. The irregularities result in variations on the order of  $\sim 5$  mK. Regarding the noise level, we could determine  $T_c$  with about a single millikelvin precision.

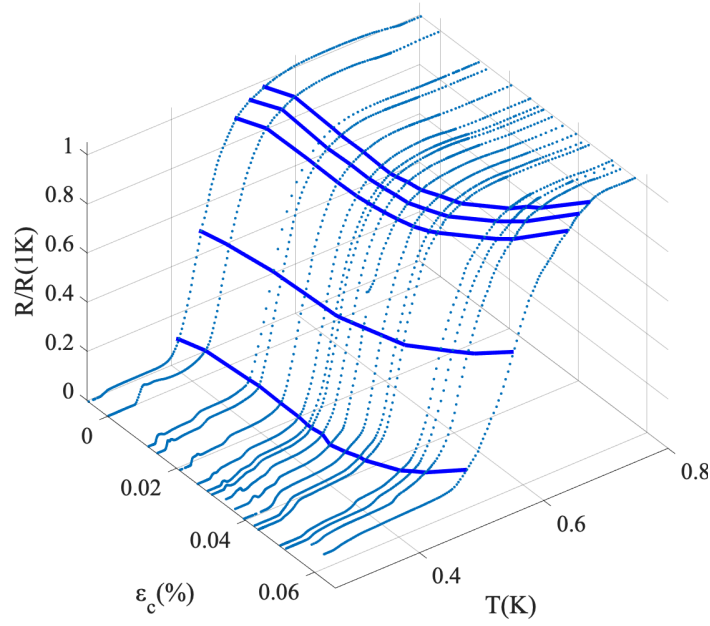


Figure 3. The normalized resistance data  $R_n(T, \varepsilon) = R(T)/R_n$ , where  $R_n = R(T = 1 \text{ K})$  from which the critical temperature shown in Figure 2 was derived. The blue solid contours represent definitions of  $T_c$  as  $R_n(T, \varepsilon) = 0.1R_n, 0.5R_n, 0.9R_n, 0.95R_n$  and  $0.98R_n$ . The projection of these lines on  $\varepsilon - T$  plane is plotted in Figure 2

#### Appendix C. *log-log* plot of the Grüneisen parameter

As explained in the main text, the experimental Grüneisen parameter deviates from the theoretical one likely due to the distribution of strains, see Figure 4.

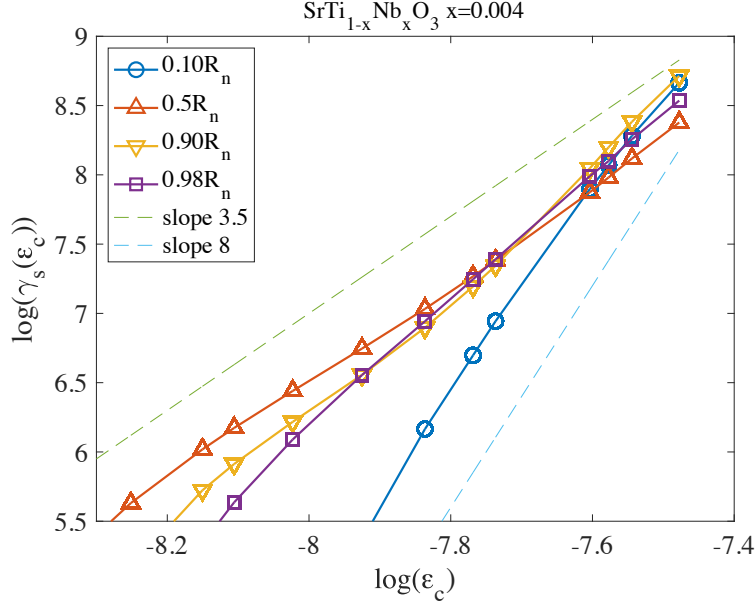


Figure 4. The logarithmic scale plot of the Grüneisen parameter from Figure 2. The  $\gamma_s \propto \varepsilon^\eta$  functional form rather than  $\propto (\varepsilon - \varepsilon_0)^{-\eta}$  is apparent. The values of the phenomenological  $\eta$  for demonstration purpose are compared to a slope of 3.5 and 8 shown by the dashed lines.

#### Appendix D. Derivation of the Grüneisen parameter and the effect of distribution of strains

We introduce the Grüneisen-like parameter that measures the dependence of the condensate energy  $F_c = F_s - F_n$  where  $F_s, F_n$  are the respective free energies of superconducting state and normal state. Within a BCS-like approach,  $F_c = N_0 \Delta_0^2 / 2$ , where  $N_0$  is the density of states near Fermi level, and  $\Delta_0$  is the superconducting order parameter. Furthermore,  $\Delta_0 = O(1) \cdot T_c$ . We next take the logarithmic derivative of the condensate energy with respect to volume:  $\frac{d \ln(F_c)}{d \ln V} = \frac{d(\ln(N_0) + 2 \ln(\Delta_0))}{d \ln(V)}$ . Typically, for strains reported in the experimental part on the order of  $10^{-4}$ , the first term  $d \ln(N_0) / d \ln(V)$  is expected to be small. The second term is then defined as the thermodynamic Grüneisen parameter:

$$\frac{2 d \ln(\Delta_0)}{d \ln V} \approx \frac{2 d \ln(T_c)}{d \ln V} \equiv \gamma_s(V).$$

To match to the experimental conditions, rather than working with volume derivatives, we define an analogous thermodynamic Grüneisen parameter for strain:

$$\frac{2 d \ln(T_c)}{d \ln \varepsilon} \equiv \gamma_s(\varepsilon).$$

Next, let us show how this thermodynamic parameter can be expressed in the soft-mode quantum critical superconducting pairing ansatz introduced by Edge et al. [10]. The critical

temperature of strontium titanate in this model depends on the soft-phonon frequency,  $\omega_0$ , and density of states  $\alpha^2 F(\omega_0)$ , as  $T_c = \epsilon_F e^{-\frac{\omega_0}{\alpha^2 F(\omega_0)}}$ . Taking the logarithmic derivative of this  $T_c$  yields

$$\gamma_s(\epsilon) = \frac{2d \ln(T_c)}{d \ln \epsilon} = - \frac{2d(\frac{\omega_0}{\alpha^2 F(\omega_0)})}{d \ln \epsilon} + \frac{2d \epsilon_F}{d \ln \epsilon}.$$

The second term is assumed to be small. In addition,  $\alpha^2 F(\omega_0)$  is assumed to be independent of  $\omega_0$ . Using  $\omega_0 = \bar{\omega}|\epsilon_0 - \epsilon|^{z\nu}$  for the quantum critical scenario in the first term we obtain that the Grüneisen parameter  $\gamma_s$  can be expressed as

$$\gamma_s = \frac{2d \ln T_c}{d \ln \epsilon} \approx -2 \frac{\bar{\omega} z \nu}{\alpha^2 F(\omega_0)} |\epsilon - \epsilon_0|^{z\nu-1} \sim O(1) \cdot |\epsilon - \epsilon_0|^\alpha.$$

In previous models of BCS like pairing we held  $\alpha = -1$ . However, here this assumption is not needed, thus we can proceed with the general ansatz that  $\gamma_s \sim |\epsilon - \epsilon_0|^\alpha$ .

Next we assume that there is an effective distribution of critical values of strain  $\epsilon_0$ , which occurs, for instance, due to tetragonal domains experiencing different local strain and is given by

$$P(\epsilon_0) = \theta(a - \epsilon_0) \epsilon_0^\mu$$

Here, the step function is introduced to account for the cut off of the critical values at some value  $a$  that is assumed to be a maximum local value assuming optimal conditions for the uniformity of the strain (i.e. full sample detwinning and geometrically uniform strain, which are actually quite hard to achieve experimentally). Hence the assumption is that the critical regions in the sample will start appearing at lower average strain than the true critical strain.

In general, the  $P(\epsilon_0)$  distribution is not known experimentally, and we assume for simplicity it is given by the power law to demonstrate the point that the critical exponent will be hindered by the distributions of strains. The average Grüneisen-like parameter would take into account the distribution of critical strains. The total averaged  $\langle \gamma_s(\epsilon) \rangle$  would thus be

$$\langle \gamma_s(\epsilon) \rangle \sim \int_0^a d\epsilon_0 \epsilon_0^\mu |\epsilon - \epsilon_0|^\alpha$$

After rearranging and simplifying using saddle point approximation, we obtain the effective strain

$$\epsilon_0^* = \frac{\mu \epsilon}{\mu + \alpha}.$$

Using the effective strain, we find the averaged Grüneisen-like parameter

$$\langle \gamma_s(\epsilon) \rangle \sim \epsilon^{\mu + \alpha + 1}$$

For mean-field-like result as in BCS theory we would expect to have  $\alpha = -1$ . Hence we would expect a linear log-log fit of averaged Grüneisen-like parameter for  $\log(\langle \gamma_s(\epsilon) \rangle)$  vs.  $\log \epsilon$ , as is indeed the case in Figure 4. From this figure we infer that  $\mu + \alpha + 1 \cong 3.5$  to 8. A more precise microscopic modeling of the strain dependence of  $\langle \gamma_s(\epsilon) \rangle$  would require a detailed

knowledge of strain distribution and inhomogeneities in the sample. Preliminarily, we do observe inhomogeneities in the superconducting state with a scanning SQUID that will be presented in a separate future publication.

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